



2026 SEA TO SEA EXPEDITION RACE

Updated: 2/16/2026

Thank you so much for joining us for the 2026 Sea To Sea Expedition Race. We are looking forward to seeing everyone on February 25 at check-in.

WEATHER

Please note that it can be pretty cold in late February in Florida! Keep your eye on the weather and be prepared for rain and cold.

VOLUNTEERS

If you know anyone in the area or family coming out to watch who would like to help, please email us at info@warriorraces.com.

PARKING

When you arrive, please follow directions from staff on where to park. We have a large race group and need to make sure there is room for all racers as well as the equipment trucks.

Parking during the race will be provided and a special parking area will be discussed during the race meeting.

CHECK-IN

Location

Quality Inn St. Augustine Historic District (formerly Southern Oaks Inn)
[2800 N Ponce De Leon Blvd.](#)
[St. Augustine, FL 32084](#)

Check-in opens at noon on Wednesday, February 25 and will be located outside under the tent in the North Parking Area. All team members must be present for you to check in, unless special arrangements have been made with us before!

We will be checking in quite a few people, so please save any questions for the pre-race meeting with the race director. Spend the time between check-in and the pre-race meeting to get your gear ready!

Hotel Rooms: You will check into rooms after 3:00 pm on Wednesday, February 25. Each team receives ONE room with two queen beds, and solos get a king bed. This is for the night before the race

only. If you would like to book a room after the race or before Wednesday, please call the hotel directly. If you need a room for Sunday night after the race, please book soon as they are selling out. Please let us know if your team plans to not sleep at the hotel on Wednesday night so we can fill that room with staff or teams looking for an extra room. Extra rooms book up fast after this email. Call (904) 342-2354 for reservations.

SCHEDULE

Check-In: 12:00 pm, Wednesday

Pre-Race Dinner: 5:00 pm, Wednesday
(Provided by Warrior)

Pre-Race Meeting: 6:00 pm, Wednesday
(Mandatory for all racers)

Load Busses: 6:00 am (sharp), Thursday

Start (West Coast): 10:00 am, Thursday

Finish/ Lunch: 12:00 pm, Sunday

Awards: 12:30 pm, Sunday

GEAR

Make sure you review the [Adventure Race Gear List](#) for mandatory and recommended gear.

Race Numbers (Bibs): Please attach your large race numbers to your bikes and the smaller numbers to your backpacks. We provide zip ties and pins for this purpose. Printed labels go on bins (one on each side). Race vests (provided at check-in) must be worn at all times during the event.

Bins: All bins must be [27-Gallon Commander Bins](#) from Lowes.

These have a 40lb weight limit with no exceptions. If you show up with any other bins, you will be required to change bins before loading them on the trucks. We will have them at the check-in if needed for \$20.

Bikes: Have your bikes ready early in the afternoon. Don't wait until you load your bike on the truck to discover you need a bike tube!

If you rented a bike from Open Road Bicycles and cannot pick it up, we can get it for you and bring it to check-in.

Please make sure to test-ride the bike before you load it on the trucks.

Paddle Gear: We supply canoes, paddles, and PFDs and will transport these items during the race. However, you may also use your own paddles and life vests. All personal paddle gear must be placed into a team paddle bag; you'll be told where to stage it at check-in. Don't pack food in paddle bags—the raccoons will find it.

Loading Gear: Since the check-in and loading will go late on Wednesday, you will want to bring some light to help you prepare. Headlamps are highly recommended. Flashlights, work lights, etc will also work. **All bins, paddle bags, and bikes must be loaded onto trucks by 9:00 pm.**

Bike Loading: We are asking for all racers to remove your bike pedals before loading them on the trucks. We have had issues with damaged bikes due to pedals catching in wheels and rubbing on frames, so please remove them at check-in. Our staff can help with this, and you can attach them to your bikes or keep them in your bins. The left bike pedal (non-drive side) has a reverse (left-handed) thread. The left pedal is usually marked with an "L" on the spindle, and the right with an "R". Please familiarize yourself with how to remove and attach **your** bike pedals as each brand or model is different. [Here is a great video to show you how it's done.](#)

Safety Gear: Please make sure you have all your safety gear, including two blinking red lights, one on the back of your helmet and the other on the back of your bike. Red blinking bike lights on the rear of your bikes are **mandatory** for the **entire duration** of the event (while riding), this includes during the daytime. Check your batteries to ensure they'll last for the entire race.

A waterproof strobe is required this year. Glow sticks are required as well, so make sure your team has enough

for two possible night paddles. The reflective triangle is also required.

Tip from the race director: Long socks are highly suggested, as the woods contain poison ivy and thorns.

CELL PHONES

All teams must carry at least one cell phone. While you may not use the phone for navigation, you are welcome to take photos to share on social media, etc. Please #tag us! We recommend putting the phone in airplane mode to save the battery.

Protect your phone from the water! A simple zip-lock bag will save you a lot of distress if your pack goes in the water.

LIVE TRACKING

Tracking is provided by Adventure Enablers and will go live once the race begins. Share [this link](#) with your friends and family so they can follow along. The link is also posted on our website on the Sea to Sea page.

Here is a video link on how to wear the tracker: <https://youtu.be/MtllzrkSP00>

DURING THE EVENT

Missing CP: If you come across a missing CP and are absolutely certain you're in the correct location, take a photo of the spot. We'll compare it against our records when you return. If multiple teams report the same CP missing, it's likely the flag was re-appropriated by the locals for the greater good. But if you're the only one claiming it's gone, chances are you need to brush up on your navigation—because you weren't in the right place.

Transition Areas: Water and snacks are available at all TAs. Some TAs will have hot food selections. Gatorade and sodas will be available in our coolers, so don't pack them in your bins.

RESCUES

If you have a serious emergency, call 911 immediately. If you have a mechanical breakdown or want to leave the race due to injury, please contact the team at one of these numbers:

Rescue: 706-286-4008.

Jeff: 904-477-5067.

We will figure out where you are and how to extract you safely. You may need to make your way to a trailhead or road crossing for us to reach you. If you drop out of the race with mechanical issues, you may need to wait at a TA or other location for a while until we get a vehicle for you.

Rescue Priority: For the safety of all participants, rescues will be prioritized in the order as follows:

- 1. Injury rescues** are top priority over all other rescues or withdrawals. We will stop all other rescues/withdrawals to focus on an injury rescue. We will provide pick-up and transportation directly to the closest hospital or walk-in clinic. Please make sure that all racers have a copy of your insurance card on your phone.
- 2. Sickness rescues** will be next in the order of importance. We will provide transportation forward to the next transition area, where our team and the racer will determine what should be done. 50% of the time the racer will recover with some drink and rest. The team can continue or withdraw from there.
- 3. Team just doesn't feel like continuing and wants to be picked up.** We will provide transportation forward to the next transition area, where our team and the racer will determine what should be done. 90% of the time the racer will recover with some drink/food and rest. The team can continue or withdraw from there.

After any rescue, if the team decides to continue the race, they will drop to the Assisted category in the rankings.

We will work to find transportation for you back to St. Augustine if withdrawal is the option, however, only if no other rescues are in process. This could take up to several hours or more and only the racers (not their gear) will be transported back to the hotel. All gear such as bikes, bins and paddle bags could be anywhere out on the course; we will work to get that team's gear to the same transition area for pick-up by the team's vehicle, or all gear will be at the finish line by noon on Sunday. Please be patient with our staff during this time and we will do our best to help you and your team get back home safely. Our staff's main focus is on the safety and needs of the remaining racers still on the course.

RACE FINISH

Pace yourselves, finish strong, and arrive safely. Food will be served starting at 12:00pm, Sunday. **Racers must be present to receive awards.**

RACE BREAKDOWN

A race breakdown is available on the [Sea to Sea page](#) of our website.

Maps and instructions will be provided to teams just before you get on the bus at 6:00 am on race day.

Please note: All race details—including but not limited to course layout, location, schedule, aid station provisions, participant services, and race-day logistics—are subject to change at any time. Adjustments may be made for reasons including, but not limited to, weather conditions, permit requirements, land management directives, safety concerns, supply availability, or other unforeseen circumstances. The race organization reserves the right to modify, postpone, or cancel any portion of the event as needed to ensure participant safety and compliance with governing authorities. Participants are responsible for staying informed of all updates communicated by the race director or event staff.

Thank you so much for joining us for the 2026 Sea To Sea Expedition Race! We cannot wait to see everyone at the finish line.

If you have any questions, please email info@warrioraces.com.