



2026 RACE BREAKDOWN

HOST HOTEL/CHECK-IN

Quality Inn/Southern Oaks Inn. 2800 N Ponce De Leon Blvd, St. Augustine, FL 32084

SCHEDULE

12:00pm Wednesday 2/25 - Check-in starts	10:00am Thursday 2/26 - Start (West Coast)
5:00pm Wednesday 2/25 - Pre-Race Dinner	12:00pm Sunday 3/1 – Finish/Lunch
6:00pm Wednesday 2/25 - Pre-Race Meeting	12:30pm Sunday 3/1 – Awards
6:00am Thursday 2/26 - Load Buses and maps	

- **Race Start Location (West Coast):** Lower Suwannee Wildlife Management Area
- No bins at the start, take what you need to start the race on the bus.
- All miles are estimated based on clearing the course and are subject to change.
- There will be no time cut-off this year, however suggested times to leave Transition Areas to have time for your team to make it to the finish.

- **LEG 1** - Trek – 3 miles



- **LEG 2** - Bike – Start to TA 1 – 70 to 80 miles



- **TA # 1** (Drinking water, Sodas, Gatorade, Hot Food and Race provided snacks) **Power and Bins Here.**

- **LEG 3** -Trek - 15 to 18 miles



- **LEG 4** - Bike Team Time Trial – 12 miles



- **LEG 5** -Bike – From TA 1 to TA 2 – 45 miles



- **TA #2** (Drinking water, Sodas, Gatorade, Hot Food and Race provided snacks) **Power and Bins Here.**

- **LEG 6** -Paddle 13 miles Trek 8 miles



- **LEG 7** – Bike – From TA 2 to TA 3 – 40 to 50 miles



- **TA #3** (O-Relay) (One team member with the tracker is required to complete each leg of O-Relay) (Drinking water, Sodas, Gatorade, Hot Food and Race provided snacks) **Power and Bins Here.**

- **LEG 8A** - Trek – 5 miles



- **LEG 8B** - Trek – 7 miles



- **LEG 9** – Trek to boats – 6 to 11 miles



- **Canoe Launch** (Drinking water only)

- **LEG 10** –Paddle –19 miles plus 2 miles trek from canoe take out to TA



- **TA #4** (Drinking water, Sodas, Gatorade, Hot Food and Race provided snacks) **Power and Bins Here. Teams need to leave by 6:00am.**

- **LEG 11** – Bike to finish 50 to 55 miles



72 CHECKPOINTS IN 72 HOURS. GOOD LUCK!